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**Paraparaumu Beach School**

**Newsletter 2019/16**

**28 May 2019**

## Upcoming Events

### TERM 2

#### WEEK 5

- **Wed, 29 May**
  - ◊ **NZ TEACHER STRIKE—**  
School closed for in-  
struction

#### WEEK 6

- **Mon, 3 June**
  - ◊ Queen's Birthday
- **Tues, 4 June**
  - ◊ Te Moana Yr 5-6 and Te  
Motu Yr 7-8 Cross  
Country events
- **Fri, 7 June**
  - ◊ BOT Election Day and  
voting closes

#### WEEK 7

*Trial of "Play, Eat, Learn"*  
*begins*

- **Tues, 11 June**
  - ◊ BOT Meeting 7pm in the  
staffroom
- **Wed, 12 June**
  - ◊ Yr 7 Boostrix  
Immunisations
  - ◊ Inter-school Cross  
Country

#### WEEK 8

- **Tues, 18 June**
  - ◊ Yr 8 visit to Paraparaumu  
College

## PRINCIPAL'S MESSAGE

Talofa PBS friends and family,



CONGRATULATIONS are in order! At the close of Board nominations last Friday the number of nominations received was equal to the number of vacancies. Therefore, we have a new board without having to go to a vote! I wish to therefore congratulate our new and returning Board of Trustees; Kate Saunders (returning), Pembroke Chambers (returning), Kate Fiske, Zoe Pearson and Jim Dryburgh. I look forward to working with you all in your governance roles and am sure our work together will enable Paraparaumu Beach School to remain a positive and productive environment to work, play and learn.

On this note, I'd like to offer my genuine thanks to our departing Board members, Julian Morrin (Board Chair), Mark Nash and Matt Burden. Each of these parent trustees have contributed to the success of our school. Their commitment, investment of time, skills and support have reflected our school CREST values of Co-operation, Respect, Excellence, Self-Management and Trust, which is a wonderful example to our students; on behalf of all our PBS community, **thank you for all you have done.**

On a different note, you will all know that there is a nation-wide **TEACHER STRIKE tomorrow**. Once again I want to say thank you for the wonderful support we've had from parents. Your words of support and encouragement (and the delicious afternoon tea one parent provided yesterday) make us feel so valued. We truly love working with and for your children. However, we know that striking puts all of you in a difficult position with child-care arrangements and if we could improve teaching conditions without striking then we absolutely would. We hope that tomorrow's strike action, of primary and secondary teachers, will show the government that they must act now if they want to keep teachers in the profession rather than seeking new career pathways. Thanks again for your understanding.

Finally, I want to let you know that the Lock-Down practice we held this morning was a good learning exercise. We noted some areas where we can improve, but overall we felt pleased with our procedures.

Kind regards

Jess Ward - Principal ~ Tumuaki

*NB: Self portrait art pictured above was made by kids of Room 21*

## SENIOR STUDENTS USING SOCIAL MEDIA: INSTAGRAM, FACEBOOK etc



Staff are still hearing whispers about senior students using social media in unsafe ways outside of school hours. **This really concerns us. We strongly encourage all parents to be vigilant in this area. We all need to help keep our kids safe online.**



Social Media is a rough sea to navigate for anyone, but especially young people. Whilst the user age stipulates 13 years and above, we are aware that many students have accounts (which is the business of parents not school staff). However, parents need to be aware of their child's online activity, in order to help them stay safe online and ensure their posts are not harmful or hurtful—to themselves or others.

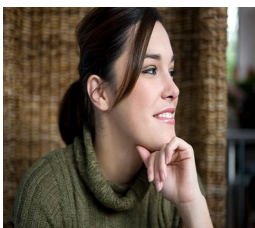
Why not make time this weekend to sit down with your child and start the conversation? <https://www.theparentingplace.com/technology/teaching-your-kids-to-swim-in-the-sea-of-social-media/>

## WHOOPIING COUGH

We have been notified of whooping cough in the school. A notice has been sent home to all families by way of “youngest or only” student.

The symptoms of whooping cough usually take a week to appear. In the initial stages the symptoms include a runny nose, sneezing, slight fever, a mild irritating cough and generally feeling unwell. This stage can last 1-2 weeks and it is the most infectious time. **Therefore if you see these signs in your child take them to the doctor early.**

In the second stage the patient develops spasmodic coughing followed by a big breath in or a high-pitched ‘whoop’. Coughing at this stage can bring up thick phlegm or induce vomiting. Stay vigilant and stay well everyone.



### KID'S QUOTE

I recently visited a class during maths time and watched students using the IXL maths programme.

**Year 4 student:** You're really interested in this aren't you?

**Ms Ward:** What makes you say that?

**Year 4 Student:** Because you have your hand on your chin.

## WERE YOUR EARS BURNING? Staff Gratitude Section

Mrs Barfoote, I hope you're reading this! Thank you for being a fabulous Office Manager and Principal's PA. The work you do each day enables the Principal (me) to get my job done and adds to the smooth running of operations at PBS. Where would we be without you?



## CHANGES TO THE SCHOOL TIMETABLE: Play, Eat, Learn

In Weeks 7-10 of this term, we will be trialling an approach called Play - Eat - Learn which will see some changes to our timetables. This approach is being used in a number of schools locally and across the country. It was developed in response to evidence around brain based learning that came out of Christchurch post the earthquakes.

The reasons behind the decision include:

- To support the growth of Restorative Practices by allowing teachers time to connect with students; as well as the opportunity to work through any social issues if needed.
- To encourage students to eat more, if not all of the food in their lunchboxes. Currently some are so keen to get out to play they are not eating much.
- There are health benefits to eating at the end of exercise as opposed to running around with a full tummy.
- To provide three structured opportunities to eat during the day keeping blood sugar levels more stable and therefore having children in a better place to learn.
- It will also lead to a shorter afternoon session in class which traditionally has been the hardest for students to stay focused.

The adjustments are as follows:

8.55 - 10.00 - Learn - Morning session

10.00- 10.05 - Eat - Fruit Break

10.05-10.50 Learn - Morning session continues

10.50-11.10 Play

11.10-11.20 Eat - Morning tea

11.20 - 12.50 Learn - Middle block

12.50 - 1.35 Play

1.35-1.50 Eat - Lunch

1.50-3.00 Learn - Afternoon session



In regards to the fruit break, the children will only be able to eat fruit or vegetables. This does not include fruit sticks or muesli bars or processed fruit/vegetable products.

Other local schools have reported that their children adapted well to the changes and we are hopeful that our children will be the same. We also hope to see improved social and academic outcomes for children with them eating more frequently and greater quantities.

Feel free to provide us with feedback either through your class teacher or directly to myself.

*Regards—Mike Thomas*  
*Deputy Principal*

## SCHOOL FENCING

The Ministry of Education has agreed to pay for new fencing and gates at the Martin Road and Gray Ave entrances to the school, including the school car park. The purpose of this fencing is for the safety of special needs students. We are pleased that the Ministry is working with us to ensure the end product is an effective and attractive solution.

## STUDENT WORK

This term students in Years 5-8 are attending a series of inter-school Rippa Rugby games with Kenakena and Waikanae school. Last week staff and parents in attendance were really pleased with the level of sportsmanship our students displayed. We were also highly impressed with the teamwork and ability to dodge opponents. Great job!



## MEDICATION AT SCHOOL

In the medical room we are happy to administer prescribed medication at school when required. In these situations parents / caregivers need to complete the 'Administering Prescribed Medication' form.

**In terms of transporting medication, it is important that parents / caregivers deliver the prescribed medication themselves to the office.** We have been concerned that a small number of children have brought medication to school and we would hate for it to go missing from a school bag.

Thanks

Mike Thomas  
Deputy Principal



# Yr 3/4 Syndicate Fundraising

## NGARU SYNDICATE FUNDRAISER



Ngaru Syndicate are fundraising for their end-of-year trip this term by holding Midweek Morning Tea Munchies over a three week period.

There will be a selection of yummy treats available for purchase ranging from \$1-\$2 this Thursday at morning tea time.

This fundraiser allows us to significantly reduce the cost of the trip making it more accessible for all. Thank you for your support.



## SCHOOL FUN RUN

Last week your child was given their sponsorship booklet and information for the upcoming School Fun Run which is going to be held on Tuesday, 25 June. Don't forget to register your child online so they can get sponsorship from people who live in other parts of NZ and the rest of the world!

We will be looking for volunteers on the day to help out with the Fun Run. If you are able to help, please email Sheryl McKnight at [smcknight@pbs.school.nz](mailto:smcknight@pbs.school.nz).



## IMPORTANT REMINDER RE ABSENCES

Please remember that it is very important that you advise the office if your child is going to be absent from school. Please text a message to 027 755 7915, phone/leave a message on the landline (04) 298 5775 (by 9am on the day of absence), message us through Skool Loop or complete a student leave form (if applicable). **If no reason is given for an absence, then that student is coded as truant.**

## TERRACYCLE RECYCLING PROGRAMME

TerraCycle's goal is to eliminate the idea of waste by creating collection and solution programmes for all kinds of typically non-recyclable waste. These programmes are free, and for each unit of waste collected we will earn TerraCycle points redeemable for upcycled products, charitable gifts, or payment to our school.

We are collecting any brand of used toothpaste tubes, toothbrushes, plastic toothbrush packaging, floss packaging, interdental brushes, wisps, pumps, stand up toothpaste bottles and any kind of non-electric toothbrush and all affiliated non-recyclable packaging. Please use the full product before sending it in.

Vanessa Brewer

Yr 5/6 Syndicate



## SKOOL LOOP

### The App

Are you being 'kept in the loop' with goings-on at our school? If you haven't down-loaded the free app yet, then go to Google Play or the App Store, search 'Skool Loop' and choose our school once installed.

### Subscribing to Groups

Did you know that when you click on "Notices" in the app there are 3 lines at the top right of the screen? If you click on this symbol you can subscribe to notices for individual syndicates (and some classrooms), as well as general notices? Check it out today!

### Queries

If you have any queries, please contact Libby Richardson in the office between 12 and 4pm.

## KINDO—OUR PREFERRED METHOD OF PAYMENT

Make your busy life simpler by signing up to Kindo! The fast and convenient way to shop, pay for trips and give permissions. This is quick and easy and requires no filling out of paper forms/permissions or finding cash in the busy morning rush!

To set yourself up today [click here](#).

### Automatic Payments

Don't forget you can set up an automatic payment any time in Kindo to start saving for your child's camp fees, or any expenses for that matter—just like automatic payments through your bank. *Please note: We no longer accept automatic payments direct to our school bank account.*

### Questions

Any questions call the Kindo Help Desk on 0508 4KINDO or ask Libby at the school office between 12 and 4pm.



## ENTERTAINMENT BOOKS

In the lead up to the 2018/19 memberships expiring on Saturday, 1 June we are running a “gift with purchase campaign”. Every purchase through our online order page from 12am Tuesday, 28 May to Saturday, 1 June 11.59pm NZST will receive a \$10 Caltex StarCash Gift Card.

We are also running a separate \$1,000 Countdown Gift Card competition for anyone who purchases a new 2019/20 membership by 11.50pm on 1 June.

See <https://www.entertainmentbook.co.nz/orderbooks/1051t05> for more information.



## COMMUNITY NOTICES

Please note—community notices are accepted on a “publication if space allows” basis (thus no guarantee of publication can be given) three times per term (start/middle/end); **a small contribution of \$10 to the school for short “business” notices is appreciated before publication**; and finally and importantly, the publishing in the school newsletter of any community notice does not imply school sanctioning of, support for, or knowledge of the event or activity described.

**GO Club:** The GO” Club after school STEM Club is back for Term 2 and we now have a boys only group—the B.O Club! Kids can explore science, technology, engineering and maths in a fun, supportive environment. Book online now. Limited places available. Girls in Paraparaumu on Tuesdays, Paekakariki on Wednesdays and boys in Paraparaumu on Thursdays. See our bookings site for more info at [www.enrolmy.com/the-go-club](http://www.enrolmy.com/the-go-club).

**sKids:** sKids Kenakena specialises in delivering quality before school, after school and holiday programmes. We strive to create a fun and safe environment that our kids just love! Limited places available. For more information, please call Jools Da Silva on 021 0254 3249 or email [jools@skids.co.nz](mailto:jools@skids.co.nz).

**Paraparaumu College Presents “CATS” The Musical:** A wonderful family friendly show running Thursday, 20 June—1pm; Friday, 21 June—1 & 7pm; Saturday, 22 June 2 & 7pm at Southwards Theatre. Tickets available from Coastlands Customer Service Desk or TicketDirect Online. \$20 adult, \$12 student/Goldcard. Booking fees may apply.

**Kapiti Multi-use Indoor Centre:** Kapiti lacks one big thing—a multi-use indoor centre. An invitation goes out to anyone involved in sports, community organisations, social groups, businesses and any interested person in an indoor multi-use centre being established on the Kapiti Coast to be held at The Coast Community Church, 57 Hinemoa Street, Paraparaumu on Wednesday, 29 May from 7-8.30pm. Please obtain approval from the organisation you represent to provide contact details for future communication. See [www.kapiticoastindoorcentre.nz](http://www.kapiticoastindoorcentre.nz).

**St Mary’s College Open Day:** 13 June at 9am, Guildford Terrace, Thorndon.



We are passionate and keen to teach your child the important lifesaving skill of ‘learning to swim’. All levels catered for, from babies to adults. We have 24 years of experience, a warm non-chlorinated pool, we are exclusively swimming lessons and we offer weekly payment of fees

Many thousands of Kapiti Coast children are now strong efficient swimmers because of the tuition we have provided them with and we are now teaching the next generation. Give your child the gift of life.

For bookings and information visit our website [www.swimminglessons.co.nz](http://www.swimminglessons.co.nz), call 2972465 or email [klts@xtra.co.nz](mailto:klts@xtra.co.nz)